

Eats & Drinks

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Good Stuff

*A collection of news, tips and ideas
from Food Writer Kate Lawson*

One good seasoning

A University of Michigan alum, Brian Taylor, has taken the boring out of popped corn and perked up meals and snacks with a line of seasonings he created in his dorm room. Kernel Season's comes in 10 flavors, including Jalapeno, Barbecue, Cajun, Ranch and Parmesan & Garlic. Sweet flavors such as Apple Cinnamon and Chocolate Marshmallow can be sprinkled on plain toast, oatmeal or tossed into milkshakes. Season your salad, sauces, potatoes chips with any of these tasteful blends. All natural, fat-free, no MSG and zero points in Weight Watchers, the seasonings are sold at Meijer and Farmer Jack for \$2.99. For recipe ideas or to order online, visit www.nomoreknakedpopcorn.com.

