



NUTRITIONAL FACTS

Seasoning Flavor	Serving Size	Servings Per Container	Calories Per	Fat	Trans Fat	Sodium	Total Carb	Sugars	Protein	Contains Gluten	Allergens
White Cheddar	¼ tsp (0.8g)	100	2	0g	0g	75mg	0g	0g	0g	No	Milk & Soy
Nacho Cheddar	¼ tsp (0.8g)	100	2	0g	0g	75mg	0g	0g	0g	No	Milk & Soy
Ranch	¼ tsp (0.8g)	95	2	0g	0g	65mg	0g	0g	0g	No	Milk & Soy
Parmesan & Garlic	¼ tsp (0.78g)	102	2	0g	0g	75mg	0g	0g	0g	No	Milk & Soy
Sour Cream & Onion	¼ tsp (0.7g)	104	2	0g	0g	35mg	0g	0g	0g	No	Milk
Barbeque	¼ tsp (0.9g)	94	3	0g	0g	5mg	1g	1g	0g	No	Soy
Jalapeno	¼ tsp (0.8g)	85	2	0g	0g	72mg	0g	0g	0g	No	Milk & Corn Gluten (Natural Flavor)
Cajun	¼ tsp (0.78g)	87	2	0g	0g	57mg	0g	0g	0g	No	Milk
Chocolate Marshmallow	¼ tsp (0.8g)	106	3	0g	0g	3mg	1g	1g	0g	No	None
Apple Cinnamon	¼ tsp (0.97g)	88	4	0g	0g	0mg	1g	1g	0g	No	None
Butter	¼ tsp (1.0g)	100	3	0g	0g	80mg	1g	0g	0g	No	Milk
Caramel	¼ tsp (1.0g)	85	5	0g	0g	0mg	1g	1g	0g	No	Sulfites (Caramel Color)
Kettle Corn	¼ tsp (1.2g)	70	5	0g	0g	0mg	1g	1g	0g	No	None
Popcorn Salt	¼ tsp (1.2g)	88	0	0g	0g	470mg	0g	0g	0g	No	None
Chili Lime	¼ tsp (0.8g)	85	2	0g	0g	77mg	0g	0g	0g	No	Milk
Salt & Vinegar	¼ tsp (1.2g)	77	2	0g	0g	145mg	0g	0g	0g	No	None

Products	Serving Size	Servings Per Container	Calories Per	Fat	Saturated Fat	Sodium	Total Carb	Dietary Fiber	Protein	Contains Gluten	Allergens
Popcorn Pouch	2 Tbsp (33g)	About 14	120	0.5g	0	0mg	24g	6g	4g	No	None
Popcorn Spritzer	0.25g	232	0	0	2g	0mg	0g	0g	0g	No	Milk
Popping & Topping Oil	1 Tbsp (15mL)	About 20	120	14g	2g	0mg	0g	0g	0g	No	Milk & Soybean Oil

Pre-Seasoned Popcorn Flavor	Serving Size	Servings Per Container	Calories Per	Fat	Trans Fat	Sodium	Total Carb	Sugars	Protein	Contains Gluten	Allergens
Aged White Cheddar	1 ½ Cups (28g)	5	160	12g	0g	290mg	11g	1g	2g	No	Milk
Zesty Chipotle Nacho	1 ½ Cups (28g)	5	160	12g	0g	290mg	11g	1g	2g	No	Milk
Sweet 'N Salty Kettle Corn	1 ½ Cups (28g)	6	150	8g	0g	140mg	17g	7g	2g	No	None
Real Butter	2 Cups (28g)	4	160	10g	0g	270mg	15g	1g	2g	No	Milk